



Information Following an Immediate Denture

*Biting pressure on the denture will promote clotting and will decrease initial flow of blood. Slight bleeding can last up to 2-3 days

*Use an ice-compress on affected side for 20 minutes on and 20 minutes off for the first 36 hours, during your waking hours.

*Limit your diet to soft, nutritious foods and plenty of fluids for the first week.

*Don't take the denture out today, but rinse your mouth with warm salt water before going to bed. (About 1 tsp. salt in 1 cup of water)

* Starting tomorrow, carefully remove the denture twice a day and clean with a toothbrush and a low abrasive toothpaste or denture cleaner. Rinse your mouth with warm salt water.

* Due to gum shrinkage that occurs within the first 6 months, you may go through periods of loose fitting dentures. A temporary liner will be inserted as needed. Denture adhesives can be used during this period

*Following the gum shrinkage period (approximately 6 months), a more permanent reline may be needed. This may be at an additional fee depending on your treatment plan.

*You may experience sore spots caused by the denture being too long or from uneven pressure being applied to the healing gum tissues. We will adjust the denture as these problems occur up to 3 visits, then additional fees may apply after your 3rd adjustment.

*If you have any questions or concerns please feel free to contact the office (407) 699-9831

Thank you,

Collins Dental Team