



Pre-Operative Instructions for IV Sedation

Patient name: _____

Appointment _____ on _____.
Time Date

1. Medications:

- Fill all prescriptions **PRIOR** to the day of your appointment. Take oral sedation medication prior to your appointment. Follow the directions on the prescription.
- Unless specified by your doctor, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water within 2 hours of your appointment

2. **Food/drink:** To reduce the chance of nausea, **do not eat food for 6 (six) hours prior to your procedure** but you may have **clear liquids up to 2 (two) hours prior to your procedure.**

- If your appointment is in the **morning**, do not eat or drink anything between bedtime and your scheduled appointment.
- If your appointment in the **after 1pm**, you may eat a light breakfast before 7:00 am. You may have clear liquids up to 2 (two) hours prior to your procedure.

3. **Clothing:** Wear comfortable clothing. Do not wear tight-fitting or binding clothing.

- Short Sleeved tops only
- Do not wear ANY jewelry- including wedding ring
- Remove any facial and oral piercings
- Do not wear contacts
- No fingernail polish or artificial nails on at least the index fingers.

4. **Appointment time.** Plan to arrive at least 15 minutes prior to your appointment.

5. **Women ages 18-55** will be required to take a pregnancy test in our office, the day of the appointment.

6. **Illness.** In your own interest and that of other patients, you should cancel any appointment if you develop any cold, flu, sore throat, or other illness.

7. **You must bring someone with you to take you home. You cannot drive a vehicle following your sedation. A responsible adult, over 18-year years of age, must accompany you to the office and remain here throughout the entire procedure. Following the sedation, this responsible adult must escort the patient home, and a responsible adult should remain with the patient for the rest of the day or until the patient is fully awake. No rideshare (Lyft/Uber) may be utilized.**

8. A **legal guardian** with Power of Attorney must accompany any adult patient with mental disabilities.

9. **Following the sedation, patients should refrain from driving, engaging in any activity that requires alertness or making any legal decisions until the next day. Avoid alcoholic beverages until the next day.**

*Failure to follow any of these instructions will result in cancellation of the sedation appointment
If you have any further questions or concerns, you may reach your doctor by calling the office.*