



**Post Operative Information Following
Silver or Composite Restorations (Fillings)**

- Do not bite together hard or eat on fresh silver fillings for 2 to 3 hours. Composite fillings are set up to be completely hard right away.
- Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many patients will chew the inside of their lips, cheeks, or tongue which can cause serious damage.
- Sensitivity, especially to cold, is common for a few days following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be.
- Your bite should feel even; and it should not hurt to chew. We do our best to make sure your bite is even until the anesthesia completely subsides. If you feel the new restoration is high, return to the office right away. This will not heal on its own and the tooth will become increasingly sensitive. A quick adjustment should correct this easily.
- Sensitivity is usually the most noticeable after the first 12 to 24 hours after the anesthetic wears off, but normally goes away. Please call the office if this does not subside.
- The gum tissue could have been irritated during the procedure and may be sore for a couple of days along with the anesthetic injection site.
- The finished restorations may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days.
- If you have any questions or concerns please feel free to contact our office at (407) 699-9831.