



Collins Dental Invisalign Wear Instructions:

- Please KEEP all aligners.
- Keep aligners away from hot water and harsh chemicals.
- Keep aligners out of reach of young children and pets.
- Failure to wear the aligners for the prescribed number of hours per day (22-24) and/or not using the product as directed can lengthen the treatment time and affect the ability to achieve the desired results.
- Each set of aligners is designed to be replaced after approximately 2 weeks of **22-24 hours of wear per day**, unless directed by Dr. Collins/Dr. Reiter to wear for a different duration.
 - This is not an emergency and does not require a call to the dentist. Please just inform our Invisalign coordinator at your next scheduled appointment.
- If aligners become broken, place past/future **sets** in until next scheduled appointment.
- If a set is lost before you wear the set of aligners, call and notify the office immediately at (407)699-9831.
- Each aligner contains the Invisalign logo and a number which identifies the patient ID number and treatment stage.
- Chewing on chewies is necessary for proper tooth movement. Do not bite aligners into place. This may damage them. If aligners do not fit properly at the end of 2 weeks, do not change in next set and notify the office.
- If treatment fails to progress in a timely manner, a new scan/impress may be needed, and a new treatment plan will be prescribed.
- Aligners should be cleaned prior to each insertion.
- Patients should brush and floss their teeth after each meal or snack prior to re-inserting their aligners. If they don't have access to an Invisalign cleaning system or a toothbrush, they can simply rinse their mouth, and then clean the aligners by holding them under warm running water. It's not the best way to clean, but it works in a pinch. Aligners should be thoroughly cleaned at the patient's earliest convenience.
- Collins Dental recommends cleaning your aligners with:
 - Soft bristle toothbrush and toothpaste
 - Dial Anti-Bacterial FOAM soap or Dawn Dish Soap
 - Invisalign Cleaning Crystals
 - Do not use denture cleaner
 - Do not soak them in mouthwash
- Aligners should be removed for eating and drinking. The trays can be cleaned with the following:
- Temporary increase in salivation or dryness of mouth may occur.
 - Patients do not need to remove aligners to drink water.