



Collins Dental Invisalign Wear Instructions:

- You will be given ONE PUL TOOL/CHEW TOOL upon delivery of your aligners. **You MUST bring this to every appointment.** Keep in your aligner case.
- Replacement PUL TOOLS are available for purchase at our front desk.
- Place aligners on teeth. Slide the CHEW TOOL down towards the hook of the PUL TOOL and chew from one side of the mouth to the other, focusing on areas to “seat” the aligners into place.
- Chewing on your PUL TOOL Chewie is necessary for proper tooth movement. Do not bite aligners into place. This may damage them. If aligners do not fit properly at the end of 2 weeks, do not change in next set and notify the office.
- **For Removing Aligners:** Use the finger ring to help you grip the handle of the PUL TOOL, latch the hook of the tool to the back of your aligner and gently pull forward until the aligner is disengaged from attachments or teeth.
- Please KEEP all aligners. If you lose or misplace your current aligners or they break, immediately put in your last set of aligners and contact our office.
- Failure to wear the aligners for the prescribed number of hours per day (22-24) and/or not using the product as directed can lengthen the treatment time and affect the ability to achieve the desired results.
- Each set of aligners is designed to be replaced after approximately 2 weeks, unless directed by your doctor to wear for a different duration.
- Each aligner contains the Invisalign logo and a number which identifies the patient ID number and treatment stage.
- If treatment fails to progress in a timely manner, a new scan/impression may be needed, and a new treatment plan will be necessary.
- Aligners should be cleaned prior to each insertion.
- Brush and floss teeth after each meal or snack prior to re-inserting aligners. If you don't have access to an Invisalign cleaning system or a toothbrush, simply rinse mouth, and then clean the aligners by holding them under warm to cool running water. Keep aligners away from hot water and harsh chemicals.
- Collins Dental recommends cleaning your aligners with:
 - Dial Anti-Bacterial FOAM soap or Dawn Dish Soap
 - Invisalign Cleaning Crystals
 - Soft bristle toothbrush and toothpaste
 - Do not use denture cleaner
- Do not soak them in mouthwash
- Aligners should be removed for eating and drinking, except water.

- Keep aligners out of reach of young children and pets.