

Caring for your Anterior Temporaries

- Following the first appointment for the crown, bridge or Lumineer procedure, a temporary is sometimes placed on the tooth or teeth involved. This will protect them while the custom restoration is being made.
- Your new permanent restoration will be shaped and shaded especially to your teeth in color and fit. The temporary restoration is made to serve you temporarily, so its color and fit are not custom matched to your teeth.
- The use of temporary cement is for easy removal on your next appointment. If your temporary comes off between appointments, slip it back on with toothpaste or over-the-counter temporary crown cement or denture adhesive; also call for an appointment right away.
- Most crowns or bridges fit below the gumline. Therefore, you may experience some discomfort for a few days due to the irritation of that area during the procedures. Sensitivity to cold or pressure is also possible, but please call if it persists for more than 3 days.
- After the final cementation of your fixed restoration, it may take a few days to get used to the new crown. If you feel the bite is not correctly balanced, be sure to call for an appointment for a simple adjustment.
- Proper brushing and flossing are recommended to help you retain your final restoration. The only area that a crowned tooth can decay is at the edge of the crown at the gumline and can continue to spread to the root, under the crown and even to the nerve.
- It is very important to keep the gums healthy to prevent any inflammation or bleeding during the placement of the final restoration.
- You will need to use the Tooth and Gum tonic provided at least twice daily to reduce gingival irritation and keep the tissues as healthy as possible.

If you have any questions or concerns, please feel free to contact the office at (407) 699-9831.