



## **Post Operative Information Following** **Silver or Composite Restorations (Fillings)**

- Do not bite hard or eat on fresh silver fillings for 24 hours. Composite fillings are set up to be completely hard right away.
- Children should be observed until the anesthetic completely wears off. Due to the strange feeling of the anesthetic, many patients will chew the inside of their lips, cheeks, or tongue which can cause serious damage.
- Sensitivity, especially to cold, is common for a few days following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be. If sensitivity increases or does not go away, please call us.
- Your bite should feel even, and it should not hurt to chew. We do our best to make sure your bite is even, however, this is sometimes difficult while you're numb. If you feel the new restoration is high or the bite is uneven, call us and return to the office right away. This will not heal on its own and the tooth will become increasingly sensitive and can cause a toothache. A quick adjustment should correct this easily.
- The gum tissue could have been irritated during the procedure and may be sore for a couple of days along with the anesthetic injection site, but this should subside within a few days.
- The finished restorations may be contoured slightly different and have a different texture than the original tooth. Your tongue usually magnifies this small difference, but you will become accustomed to this in a few days. Please let us know if discomfort persists.

If you have any questions or concerns, please feel free to contact our office at 407-699-9831.