



Information Following Implant Surgery

- A dental implant has been placed in your mouth. This implant may be located under the tissue and cannot be seen. This type of implant has been selected for your situation because of the bone available to place an implant. The implant will usually remain submerged for a period of 3-6 months, depending on your body's healing properties and type of implant.
- If sedation medicine has been given to you, you cannot drive for the remainder of the day.
- Two weeks follow up after the surgery, the surgical site will likely be re-checked by the doctor.
- Usually, you can wear your present partial/ flipper if applicable. Sometimes it is necessary to leave it in the night of surgery. It is important to keep the appliance as clean as possible during the healing period. If braces are being worn, your orthodontist can place a tooth for cosmetic purposes.
- Every consideration must be given to keep the surgical site clean and free of food particles.

The following are instructions for your mouth care after surgery:

- **NO SMOKING!** Smoking is to be avoided for the entire healing period. Smoking increases the heat in the surgical site and significantly lowers the body's ability to heal the site.
- Avoid alcohol, commercial mouth rinses, and very hot fluids for 30 hours after surgery.
- Gentle rinsing of the mouth should be started the day of surgery. Frequent gentle rinsing with lukewarm salt water will aid the healing process (add ½ teaspoon of salt to 6oz. of water.) Avoid the use of a water-pick toothbrush. If you are prescribed a mouth rinse, use as directed.
- **Antibiotics:** Patients should follow the instructions on the prescription given to them prior to the surgery. If an antibiotic was prescribed to you, it is important that the prescription is filled and taken as directed. Please take the tablets/capsules until all are gone. Should you develop hives, itching, skin rash, or have difficulty breathing, stop medication and call the doctor immediately.
- **Discomfort:** A certain amount of pain must be expected with all types of surgery. An appropriate pain medication has been prescribed for you. Please take it according to the directions. It is advised that you **NOT** drive while taking the pain prescriptions. However, if only Motrin is being taken, most people can drive without any problems.
- **Swelling:** Some swelling and minimal bruising is possible and is to be expected. IT IS NOT UNUSUAL! In most cases swelling can be prevented and/or controlled. Apply the ice pack that has been given to you for a period of 20 minutes on and 20 minutes off for the next 2 days. In the first 12-24 hours following the surgery, the application of the ice to the outside of the face over the surgical area will minimize swelling. The second day after surgery is when you can expect to have the most swelling. If, after 3 days the swelling appears to be getting worse, please call the office.

- **Bleeding:** A small amount of bleeding, following surgery, should not harm you. If the bleeding is excessive or continuous, please call us at once. Vigorous rinsing of the mouth prolongs bleeding by removing the clotting blood, so avoid vigorous rinsing until otherwise directed.
- **Straws:** Straws create a negative pressure in your mouth and will tend to loosen the sutures or cause bleeding.
- **Diet:** Following surgery it is best to restrict your diet to fluids and soft foods for the first 72 hours. A normal diet may then be resumed, but you will want to avoid chewing on the surgery site while healing. Soft foods such as Jell-O, pudding, mashed potatoes, scrambled eggs, and soups are suggested. If you have difficulty chewing, try blenderized foods or diet supplements such as Sustacal, Carnation Instant Breakfast, or Ensure.
- **Implant Follow-up:** We will see you for periodic check-ups until the submerged portion becomes stable. This process typically lasts 3-6 months following the placement, depending on the type of implant being used.

If you have any questions or concerns, please feel free to contact the office (407) 699-9831 during regular business hours. If it is after hours, please call the doctor that did your procedure:

- Dr. Azer at 407-754-4590
- Dr. Mike at 863-420-5384