



Pre-Operative Information Botulinum Toxin Treatment

- Patient must be in good health with no active skin infections in treatment area.
- Avoid alcohol or caffeinated beverages at least 24 hours prior to treatment. Alcohol may thin the blood which will increase the risk of bruising.
- Avoid anti-inflammatory/blood thinning medications ideally, for a period of two (2) weeks before treatment and for a few days following treatment. Medications and supplements such as Aspirin, Vitamin E, Ginkgo Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, Vioxx, and other NSAIDs all cause thinning of the blood and can increase the risk of bruising/swelling after injections.
- Schedule botulinum toxin appointments at least 2-4 weeks prior to a special event to avoid having bruising on the day of your event.
- Makeup in the area of injection will have to be removed. It is best to not wear makeup to your Botox™ appointment. Come with a clean face.

If you have any questions or concerns, please call the office 407-699-9831.